

Relational problems are rising among couples, children and their families in Singapore. These problems are often presented at Family Service Centres, Child Guidance Clinics, and Psychological Medicine Departments in hospitals. Given the increasing clinical demands for trained counsellors in this area, the specialisation track in Couple and Family Therapy (CFT) will be offered within the existing Master of Counselling and Master of Social Work programmes.

Students need to complete the MCOU compulsory courses before taking the CFT specialisation courses.

COMPULSORY - 50 cu													
Course	Credit Units	Pre-requisite	Excluded Combination	Grouping	Remarks	Jan 24	May 24	Jul 24	Jan 25	May 25	Jul 25	Last Presentation	Time Table
COU501 Clinical Assessment in Counselling	5					N	N	Y	N	N	Y	2029/07	CRN01; Sat; Week 5, 6, 7, 8
COU502 Advanced Systemic Family Therapy	5		COU562			N	N	Y	N	N	Y	2029/07	CRN01; Sun, Sat; Week 1, 2, 3, 6
COU503 Ethics and Skills in Multicultural Counselling	5				Saturday Classes	Y	N	N	Y	N	N	2029/07	CRN01; Sat; Week 1, 2, 3, 5
COU504 Structural Family Therapy	5		COU566			N	N	Y	N	N	Y	2029/07	CRN01; Sun, Sat; Week 9, 10, 11, 12 CRN02; Sun, Sat; Week 9, 10, 11
COU505 Research and Evaluation in Counselling	5					Y	N	N	Y	N	N	2029/07	CRN01; Sat; Week 6, 7, 8, 9
COU506 Advanced Couple Therapy	5					N	N	Y	N	N	Y	2029/07	CRN01; Sun, Sat; Week 5, 7, 8 CRN02; Sun, Sat; Week 6, 7, 8

Course	Credit Units	Pre-requisite	Excluded Combination	Grouping	Remarks	Jan 24	May 24	Jul 24	Jan 25	May 25	Jul 25	Last Presentation	Time Table
COU508 Systemic Family Therapy Supervision	5	COU502, COU504, COU506	COU568		Students are expected to present one couple/family case (including at least one to two sessions on engagement, assessment, intervention, and termination, respectively) for supervision and for writing up the analysis report. This case should be different from practicum, preferably.	N	Y	N	Y	N	N	2029/07	CRN01; Sun, Sat; Week 1, 2, 3, 4, 5
COU515 Ethics in Professional Counselling	5					N	N	Y	N	N	Y	2029/07	CRN01; Sat; Week 9, 10, 11, 12 CRN02; Sat; Week 9, 10, 11, 12
COU517 Systemic Family Therapy	5		COU507		Saturday Classes	N	Y	N	Y	N	N	2029/07	CRN01; Sat; Week 1, 2, 3, 4

Course	Credit Units	Pre-requisite	Excluded Combination	Grouping	Remarks	Jan 24	May 24	Jul 24	Jan 25	May 25	Jul 25	Last Presentation	Time Table
COU519 Person of the Therapist	5		COU578			N	N	Y	N	N	Y	2029/07	CRN01; Sat; Week 1, 2, 3, 4 CRN02; Sun, Sat; Week 1, 2, 3
ELECTIVE - 10 cu													
Course	Credit Units	Pre-requisite	Excluded Combination	Grouping	Remarks	Jan 24	May 24	Jul 24	Jan 25	May 25	Jul 25	Last Presentation	Time Table
COU511 Clinical Supervision in Counselling & Systemic Therapy	5					N	Y	N	N	N	N	2029/07	CRN01; Sat; Week 1, 2, 3, 4
COU550 Emotionally Focused Therapy	5		COU564			Y	N	N	Y	N	N	2029/07	CRN01; Sun, Sat; Week 3, 5
COU570 Narrative Therapy	5					Y	N	N	Y	N	N	2029/07	CRN01; Sat; Week 6, 7, 8, 9
COU572 Medical Family Therapy	5					N	N	Y	N	N	Y	2029/07	CRN01; Sat; Week 9, 10, 11, 12 CRN02; Sat; Week 5, 6, 7, 8
COU574 Gottman Couples Theory	5					N	N	N	N	N	N	2029/07	
COU576 Sexual Issues in Couple Therapy	5					N	N	N	N	N	N	2029/07	
COU580 Integrative Systemic Therapy	5					N	N	N	N	N	N	2029/07	

Course	Credit Units	Pre-requisite	Excluded Combination	Grouping	Remarks	Jan 24	May 24	Jul 24	Jan 25	May 25	Jul 25	Last Presentation	Time Table
COU690 Advanced Supervised Practice and Analysis for Psychotherapy Project	5	All MCOU compulsory courses, COU492 or COU608			Students are expected to present one individual case for MCOU or a couple/family case for MCOU-CFT. It should include at least one to two sessions on engagement, assessment, intervention, and termination for supervision and writing up the analysis report. The case should not be a case from practicum	Y	N	N	Y	N	N	2028/07	CRN01; Sat; Week 6, 7, 8, 9

Course	Credit Units	Pre-requisite	Excluded Combination	Grouping	Remarks	Jan	May	Jul	Jan	May	Jul	Last Presentation	Time Table
						24	24	24	25	25	25		
COU691 Supervised Practicum II	10	All MCOU compulsory courses, and at least 3 Couple and Family Therapy specialisation core courses				Y	N	Y	Y	N	Y	2028/07	CRN01; Wed; Week 7, 15, 23, 32, 39 CRN02; Wed; Week 7, 15, 23, 32, 39

- If the presentation status is 'Y' = the course is presenting in the semester, 'N' = the course is not presenting in the semester, 'RT' = the course has been retired and will not be presented again, 'RP' = the course has been replaced and will not be presented again.
- The information listed is subject to review and change.

Retired/Replaced List

Course	Credit Units	Status	Effective From Semester	Remarks
COU507 Couple and Family Therapy	5	Replaced	2023/01	Replaced by COU517
COU555 Behaviour Therapy	5	Replaced	2023/01	Replaced by COU515
COU562 Advanced Couple and Family Therapy	5	Replaced	2023/01	Replaced by COU502
COU564 Emotion-Focused Therapy For Couples	5	Replaced	2023/01	Replaced by COU550
COU566 Minuchin Family Therapy	5	Replaced	2023/01	Replaced by COU504
COU568 CFT Supervision for Practice	5	Replaced	2023/01	Replaced by COU508
COU578 Special Topics in Systemic Therapy: Person-of-the-Therapist (POTT)	5	Replaced	2023/07	Replaced by COU519