

Relational problems are rising among couples, children and their families in Singapore. These problems are often presented at Family Service Centres, Child Guidance Clinics, and Psychological Medicine Departments in hospitals. Given the increasing clinical demands for trained counsellors in this area, the specialisation track in Couple and Family Therapy (CFT) will be offered within the existing Master of Counselling and Master of Social Work programmes.

Students need to complete the MCOU compulsory courses before taking the CFT specialisation courses.

COMPULSORY - 50 cu													
Code	Name	Credit Units	Jul 23	Jan 24	Jul 24	Jan 25	Last Presentation	Time Table	Pre-requisite	Excluded Combination	Grouping	Remarks	Lab*
COU501	<a href="#">Clinical Assessment in Counselling</a>	5	Y	N	Y	N	2028/07	CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY					NON-LAB
COU502	<a href="#">Advanced Systemic Family Therapy</a>	5	Y	N	Y	N	2028/07	CRN01-SATURDAY CRN01-SATURDAY CRN01-SUNDAY CRN01-SUNDAY CRN01-SUNDAY		COU562			NON-LAB

Code	Name	Credit Units	Jul 23	Jan 24	Jul 24	Jan 25	Last Presentation	Time Table	Pre-requisite	Excluded Combination	Grouping	Remarks	Lab*
COU503	<a href="#">Ethics and Skills in Multicultural Counselling</a>	5	N	Y	N	Y	2028/07	CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY				Saturday Classes	NON-LAB
COU504	<a href="#">Structural Family Therapy</a>	5	Y	N	Y	N	2028/07	CRN01-SUNDAY CRN01-SATURDAY CRN01-SATURDAY CRN01-SUNDAY CRN01-SATURDAY CRN01-SUNDAY CRN02-SATURDAY CRN02-SUNDAY CRN02-SUNDAY CRN02-SATURDAY CRN02-SUNDAY CRN02-SATURDAY		COU566		NON-LAB	

Code	Name	Credit Units	Jul 23	Jan 24	Jul 24	Jan 25	Last Presentation	Time Table	Pre-requisite	Excluded Combination	Grouping	Remarks	Lab*
COU505	<a href="#">Research and Evaluation in Counselling</a>	5	N	Y	N	Y	2028/07	CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY					NON-LAB
COU506	<a href="#">Advanced Couple Therapy</a>	5	Y	N	Y	N	2028/07	CRN01-SUNDAY CRN01-SATURDAY CRN01-SUNDAY CRN01-SATURDAY CRN01-SATURDAY CRN01-SUNDAY CRN02-SUNDAY CRN02-SATURDAY CRN02-SUNDAY CRN02-SATURDAY CRN02-SATURDAY CRN02-SUNDAY				NON-LAB	

Code	Name	Credit Units	Jul 23	Jan 24	Jul 24	Jan 25	Last Presentation	Time Table	Pre-requisite	Excluded Combination	Grouping	Remarks	Lab*
COU508	<a href="#">Systemic Family Therapy Supervision</a>	5	N	N	N	Y	2028/07	CRN01-SATURDAY CRN01-SUNDAY CRN01-SUNDAY CRN01-SATURDAY CRN01-SUNDAY CRN01-SATURDAY CRN01-SATURDAY CRN01-SUNDAY	COU502, COU504, COU506	COU568		Students are expected to present one couple/family case (including at least one to two sessions on engagement, assessment, intervention, and termination, respectively) for supervision and for writing up the analysis report. This case should be different from practicum, preferably.	NON-LAB

Code	Name	Credit Units	Jul 23	Jan 24	Jul 24	Jan 25	Last Presentation	Time Table	Pre-requisite	Excluded Combination	Grouping	Remarks	Lab*
COU515	<a href="#">Ethics in Professional Counselling</a>	5	Y	N	Y	N	2028/07	CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY CRN02-SATURDAY CRN02-SATURDAY CRN02-SATURDAY CRN02-SATURDAY					NON-LAB
COU517	<a href="#">Systemic Family Therapy</a>	5	N	N	N	Y	2028/07	CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY		COU507		Saturday Classes	NON-LAB

Code	Name	Credit Units	Jul 23	Jan 24	Jul 24	Jan 25	Last Presentation	Time Table	Pre-requisite	Excluded Combination	Grouping	Remarks	Lab*
COU519	<a href="#">Person of the Therapist</a>	5	Y	N	Y	N	2028/07	CRN01-SUNDAY CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY CRN02-SUNDAY CRN02-SATURDAY CRN02-SATURDAY CRN02-SATURDAY		COU578			NON-LAB

**ELECTIVE - 10 cu**

Code	Name	Credit Units	Jul 23	Jan 24	Jul 24	Jan 25	Last Presentation	Time Table	Pre-requisite	Excluded Combination	Grouping	Remarks	Lab*
COU511	<a href="#">Clinical Supervision in Counselling &amp; Systemic Therapy</a>	5	N	N	N	N	2028/07	CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY					NON-LAB
COU550	<a href="#">Emotionally Focused Therapy</a>	5	N	Y	N	Y	2028/07	CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY		COU564			NON-LAB

Code	Name	Credit Units	Jul 23	Jan 24	Jul 24	Jan 25	Last Presentation	Time Table	Pre-requisite	Excluded Combination	Grouping	Remarks	Lab*
COU570	<a href="#">Narrative Therapy</a>	5	N	Y	N	Y	2028/07	CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY					NON-LAB
COU572	<a href="#">Medical Family Therapy</a>	5	Y	N	Y	N	2028/07	CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY CRN02-SATURDAY CRN02-SATURDAY CRN02-SATURDAY CRN02-SATURDAY					NON-LAB
COU574	<a href="#">Gottman Couples Theory</a>	5	N	N	N	N	2026/07						NON-LAB
COU576	<a href="#">Sexual Issues in Couple Therapy</a>	5	N	N	N	N	2026/07						NON-LAB
COU580	<a href="#">Integrative Systemic Therapy</a>	5	N	N	N	N	2026/07						NON-LAB

Code	Name	Credit Units	Jul 23	Jan 24	Jul 24	Jan 25	Last Presentation	Time Table	Pre-requisite	Excluded Combination	Grouping	Remarks	Lab*
COU690	<a href="#">Advanced Supervised Practice and Analysis for Psychotherapy Project</a>	5	N	Y	N	Y	2028/07	CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY CRN01-SATURDAY	All MCOU compulsory courses, COU492 or COU608			Students are expected to present one individual case for MCOU or a couple/family case for MCOU-CFT. It should include at least one to two sessions on engagement, assessment, intervention, and termination for supervision and writing up the analysis report. The case should not be a case from practicum	NON-LAB



Code	Name	Credit Units	Jul 23	Jan 24	Jul 24	Jan 25	Last Presentation	Time Table	Pre-requisite	Excluded Combination	Grouping	Remarks	Lab*
COU691	<a href="#">Supervised Practicum II</a>	10	N	Y	Y	Y	2028/07	CRN01-WEDNESDAY CRN01-WEDNESDAY CRN01-WEDNESDAY CRN01-WEDNESDAY CRN01-WEDNESDAY CRN02-WEDNESDAY CRN02-WEDNESDAY CRN02-WEDNESDAY CRN02-WEDNESDAY CRN02-WEDNESDAY	All MCOU compulsory courses, and at least 3 Couple and Family Therapy specialisation core courses				NON-LAB

\* Students will be required to attend classes on day of presentation as well as on weekends or all classes may be on weekends.

**Retired/Replaced List**

<b>Code</b>	<b>Name</b>	<b>Credit Units</b>	<b>Status</b>	<b>Effective From Semester</b>	<b>Remarks</b>
COU507	Couple and Family Therapy	5	Replaced	2023/01	Replaced by COU517
COU555	Behaviour Therapy	5	Replaced	2023/01	Replaced by COU515
COU562	Advanced Couple and Family Therapy	5	Replaced	2023/01	Replaced by COU502
COU564	Emotion-Focused Therapy For Couples	5	Replaced	2023/01	Replaced by COU550
COU566	Minuchin Family Therapy	5	Replaced	2023/01	Replaced by COU504
COU568	CFT Supervision for Practice	5	Replaced	2023/01	Replaced by COU508
COU578	Special Topics in Systemic Therapy: Person-of-the-Therapist (POTT)	5	Replaced	2023/07	Replaced by COU519