

BSE205 Adapted Physical Education and Sport

Level: 2

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JULY

Synopsis:

BSE205 Adapted Physical Education and Sport is designed to provide students with the applied knowledge of how physical education and sport may be adapted or modified to address the unique needs of individuals with different disabilities. Emphasis is placed on understanding the characteristics and learning behaviours of people with different disabilities. This process will enable physical educators and sport professionals to develop differentiated instructions and create adapted instructional approaches and activities or modified sports for an inclusive setting for participants with unique needs.

Topics:

- Introducing Adapted Physical Education and Sports
- Types of adapted games
- Understanding the unique needs of different disabilities
- Intellectual disabilities
- Learning (developmental) disabilities
- Sensory disabilities
- Physical disabilities
- Planning, implementing and evaluating adapted programmes
- Types of motor and fitness assessments
- Designing Individualised Education Plan (IEP)
- Managing behaviours of individuals with different disabilities
- Applying instructional strategies for individuals with different disabilities

Textbooks:

: Adapted Physical Education and Sport. 6th Edition. Comes with DVD. Winnick, J. P. Human Kinetics. 6 Human Kinetics
ISBN-13: 9781492511533

Learning Outcome:

- Discuss the meaning of adapted physical education and sport including the inclusive practices for individuals with different disabilities.
- Explain the causes and characteristics of different disabilities.
- Examine various tools for assessing motor skills and physical fitness for students with different disabilities.
- Modify the programmes for adapted physical education and sport to cater to the unique learning needs of participants.
- Select appropriate instructional strategies for individuals with different disabilities.
- Illustrate the implications of different disabilities in designing adapted physical education or sport programmes.

Assessment Strategies (Evening Class):

Components	Description	Weightage Allocation (%)
Overall Continuous Assessment	PRE-CLASS QUIZ 1	1.66
	PRE-CLASS QUIZ 2	1.67
	PRE-CLASS QUIZ 3	1.67
	TUTOR-MARKED ASSIGNMENT 1	15
	TUTOR-MARKED ASSIGNMENT 2	30
Overall Examinable Components	ECA	50
Total		100