

# **BSE225 An Introduction to Land- and Water-Based Adventure Education**

**Level:** 2

**Credit Units:** 5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY JULY

## **Synopsis:**

BSE225 An Introduction to Land- and Water-Based Adventure Education introduces the theories, constructs and practices of adventure education. Topics include outcomes of adventure education, characteristics of adventure, components of adventure education programme, risk management, and experiential instruction. The emphasis is on students applying skills and knowledge to develop land-based and water-based activities for adventure education purposes, and discern the quality of adventure education programmes.

## **Topics:**

- Theory and Practice of Adventure-Based Education
- Land-Based Adventure Education: Camping, Hiking, Outdoor Cooking; Rock Climbing
- Water-Based Adventure Education: Canoeing; Rafting; Sailing

## **Textbooks:**

Wagstaff, M. & Attarian, A.: Technical skills for adventure programming (2009) 2009 Human Kinetics  
ISBN-13: 9780736066990

**Learning Outcome:**

- Express goals, responsibilities, values, skills, and competencies of adventure educators.
- Indicate intended outcomes, components of programmes, and characteristics of adventure in adventure education.
- Demonstrate methods of experiential instruction in adventure education.
- Apply risk assessment and management of adventure education programmes.
- Appraise adventure education programmes set in Singapore.
- Design one lesson plan based on one adventure-based activity.

**Assessment Strategies (Evening Class):**

<b>Components</b>	<b>Description</b>	<b>Weightage Allocation (%)</b>
Overall Continuous Assessment	TUTOR-MARKED ASSIGNMENT 1	30
	GROUP BASED ASSIGNMENT 1	30
Overall Examinable Components	ECA	40
<b>Total</b>		<b>100</b>