

COS365 Introduction to Psychiatric Rehabilitation

Level: 3

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY REGULAR SEMESTER

Synopsis:

This course offers students the opportunity to learn the background and development of psychiatric rehabilitation over the decades. The supporting research behind psychiatric rehabilitation, as well as the field's underlying values and principles will be covered. It will focus on how the practice of psychiatric rehabilitation is designed to facilitate the recovery and full community integration of adults with serious mental illnesses. Students will learn the various evidence-based models of rehabilitation and their applicability to the different types of psychiatric disorders. The course will also cover the values and principles in psychiatric rehabilitation that can inevitably change their practice.

Topics:

- History and Development of Psychiatric Rehabilitation
- Philosophy, Values and Principles of Psychiatric Rehabilitation
- The Lived Experience of Recovery from Severe Mental Illness
- Integrated Dual Disorders Treatment
- Assertive Community treatment and Case Management
- Residential and housing Services
- Supported Employment
- Peer Supported Services
- Medications and Psychiatric Rehabilitation
- Partnering the Family in Psychiatric Rehabilitation
- Community Mental Health System
- Structure and Challenges

Textbooks:

COS365 Study Guide (UDC - SUSS)

ISBN-13: SG-2124

Psychiatric Rehabilitation 3rd Carlos W. Pratt; Kenneth J. Gill; Nora M. Barrett; Melissa M. Roberts
Academic Press

ISBN-13: 9780123870087

Learning Outcome:

- Discuss the history, development and current status of psychiatric rehabilitation
- Describe evidence-based practices utilized in the field of psychiatric rehabilitation
- Appraise the stigmatizing beliefs about people with psychiatric abilities
- Apply psychiatric rehabilitation principles and ethics
- Compare psychiatric rehabilitation with traditional medical model approach
- Analyse existing psychiatric rehabilitation models to determine usefulness

Assessment Strategies - Regular Semester (Evening Class):

Components	Description	Weightage Allocation (%)
Overall Continuous Assessment	PRE-CLASS QUIZ 1	5
	DISCUSSION BOARD 1	10
	TUTOR-MARKED ASSIGNMENT 1	35
Overall Examinable Components	Written Exam	50
Total		100

*The information listed is subject to review and change.