

COU105e Psychology of Personality Development

Level: 1

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JULY

E-Learning: BLENDED - Learning is done MAINLY online using interactive study materials in Canvas. Students receive guidance and support from online instructors via discussion forums and emails. This is supplemented with SOME face-to-face sessions. If the course has an exam component, this will be administered on-campus.

Synopsis:

This course provides an overview of classical theories on personality development from a perspective that encourages critical thinking and fosters intellectual insights with respect to human nature. It shows the relevance of classical theories to culture, evolution, ego development, gender and person-situation interactions.

Topics:

- What is personality?
- Psychoanalytic aspects of personality development
- Biological aspects of personality development
- Behavioural aspects of personality development
- Cognitive and learning aspects of personality development
- Social aspects of personality development
- Humanistic and existential aspects of personality development
- Person-situation aspects of personality development
- Intellectual aspects of personality development
- Contemporary research studies on personality and their findings
- Application of personality theories to individual differences
- Influences of gender, culture, ethnicity and religion on personality development

Textbooks:

Friedman H.S. & Schustack, M.W. (2011).: Personality: Classic Theory and Modern Research (5th edition). <eBook> 5 Pearson
ISBN-13: 9781292035451

Learning Outcome:

- Present an overview of classical theories of personality development (B2)
- Compare and contrast the different classical theories in a critical manner (B4)
- Interpret human behaviours based on a knowledge of personality development (B3)
- Explain the influences of culture, gender, ethnicity and religions on personality (B2)
- Discuss the findings of modern research on personality development (B2)
- Apply personality theories to understand observed behaviours of individuals (B3)
- Appraise the relevance of personality theories to the helping profession ((B4)
- Defend the use of personality theories in understanding clients (B5)

Assessment Strategies (Evening Class):

Components	Description	Weightage Allocation (%)
Overall Continuous Assessment	PRE-CLASS QUIZ 1	3
	PRE-CLASS QUIZ 2	3
	PRE-CLASS QUIZ 3	4
	TUTOR-MARKED ASSIGNMENT 1	40
Overall Examinable Components	Written Exam	50
Total		100