

## **COU302 Multicultural Counselling**

**Level:** 3

**Credit Units:** 5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY REGULAR SEMESTER

### **Synopsis:**

This course introduces the field of multicultural counselling to students, with the aim of equipping them with the necessary knowledge and skills that are required in the multicultural context. It aims to help students understand the definition of culture, the effects of culture and the important considerations such as counsellor's behaviour during therapy, appropriateness of therapeutic and goals. It also highlights the necessity of continual learning in the light of the growing multicultural Singapore society.

### **Topics:**

- Defining culture
- Values
- Multiculturalism in Singapore
- Counselling in multicultural Singapore
- Worldviews and clashing worldviews
- Problems in the sessions
- Engaging the client
- Ethical issues in multicultural counselling
- Theoretical approaches in multicultural perspectives
- Future trends in multicultural counselling

### **Textbooks:**

Slattery J.M. Brooks / Cole: Counseling Diverse Clients-Bringing Context into Therapy. (2004)(eText)  
Cengage  
ISBN-13: 9789814773195

**Learning Outcome:**

- Formulate the dimensions of culture, values and discrimination, and how these affect human behaviour
- Examine the impact of language and words during counselling, especially in a multicultural context
- Compare the development and effectiveness of different counselling approaches in Singapore
- Analyse issues that may arise when counsellors and clients of different cultural backgrounds meet
- Illustrate the effects of values in making empowering decisions
- Demonstrate counselling techniques that foster good therapeutic alliance
- Illustrate the different therapeutic stances the counsellor can adopt
- Recommend steps that counsellors can take to enhance their multicultural competency in counselling
- Demonstrate multicultural competency in counselling practice
- Discuss future trends in multicultural counselling

**Assessment Strategies - Regular Semester (Evening Class):**

<b>Components</b>	<b>Description</b>	<b>Weightage Allocation (%)</b>
Overall Continuous Assessment	TUTOR-MARKED ASSIGNMENT 1	25
	TUTOR-MARKED ASSIGNMENT 2	25
Overall Examinable Components	ECA	50
<b>Total</b>		<b>100</b>

\*The information listed is subject to review and change.