

COU391 Practicum 2: General Counselling Skills

Level: 3

Credit Units: 10 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY SEMESTER

Synopsis:

In Practicum 2 students are expected to further sharpen their counselling skills through another field work placement, preferably at a site different from that of their first attachment. The idea is to give them greater exposure and to widen their scope of practical experience. As in practicum 1, they will be supervised individually and in a group.

Topics:

- Desired Learning Outcomes
- Preparation for Practicum
- Starting the Practicum
- Nature and Scope of Practicum
- Professional Conduct and Development Activities
- Assessment of Practicum
- Roles and Responsibilities of Supervisors
- General Counselling Skills
- Making Referrals
- Ethical Guidelines for Professional Counsellors
- Parent Rights and Responsibilities
- Responsibilities to Self and Colleagues

Learning Outcome:

- Demonstrate general counselling skills relevant to different stages of the counselling process (B3)
- Examine how counsellor and client factors can enhance or impede the therapeutic alliance (B4)
- Interpret transference and countertransference that may emerge in the counselling process and handle these effectively (B3)
- Compare and contrast different approaches to counselling (B4)
- Appraise issues of confidentiality and self-disclosure in counselling practice (B4)
- Recommend improvements to the practicum arrangement (B5)
- Formulate realistic counselling goals in collaboration with clients (B5)
- Differentiate between presenting and underlying problems of clients in case (B4)
- Practice general counselling skills with real clients under supervision (B3)
- Assemble data collected on client and plan intervention accordingly (B5)
- Demonstrate professionalism in their counselling activities (B3)
- Modify intervention plans according to progress of case or change in situations (B5)

Assessment Strategies (Evening Class):

Components	Description	Weightage Allocation (%)
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Overall Continuous Assessment	TUTOR-MARKED ASSIGNMENT 1	100
Total		100