

COU393 Practicum 3: Advanced Counselling Skills

Level: 3

Credit Units: 10 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY SEMESTER

Synopsis:

In COU393 Practicum 3: Advanced Counselling Skills, it is expected of students to further hone their counselling skills, deepen their case conceptualisation and employ a few counselling modalities at a practicum site different from that in COU391 Practicum 2: General Counselling Skills. This would provide students with a greater exposure in counselling a wider clientele group presenting diverse issues. Like in COU391, students will receive 16 hours of clinical supervision of which 9 are individual, and 7 group supervision hours.

Topics:

- Preparation for Practicum
- Desired Learning Outcomes - Learning Contract
- Starting the Practicum
- Nature and Scope of the Practicum
- Micro-skills in Counselling
- Advanced Counselling Skills
- Case Formulation and Case Conceptualisation
- Professional Conduct and Development Activities
- 9. Protocols at the Practicum Site – Forms for Writing Case-notes, Informed Consent, Video-recording, Making Referrals, etc
- Ethical Guidelines for Professional Counsellors
- Clinical supervision: Individual and Group - Roles and Responsibilities of Supervisors and Supervisees
- Assessment of Practicum

Learning Outcome:

- Critique the contributions and shortcomings of counsellor and client factors in the development of the therapeutic alliance.
- Analyse their personhood in the Person-of-the-Therapist Model
- Appraise the impact of transference and counter-transference on the counselling process
- Apply strategies to manage transference and counter-transference
- Deepen their understanding of ethical issues in counselling practice, how to navigate ethical dilemmas, and make ethical decisions
- Demonstrate advanced counselling skills in relation to the different stages of the counselling process
- Evaluate these skills and articulate areas of improvement in future counselling sessions
- Employ a few counselling modalities that are aligned to their personal theory of counselling
- Evaluate their competence in the use of these modalities vis-à-vis counselling processes and outcomes

Assessment Strategies (Evening Class):

Components	Description	Weightage Allocation (%)
Overall Continuous Assessment	TUTOR-MARKED ASSIGNMENT 1	100
Total		100