

COU507 Couple and Family Therapy

Level: 5

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JULY

Synopsis:

This course provides an overview of a systemic theoretical framework in couple and family therapy (CFT). It seeks to address contemporary couple and family relationships/issues from the different approaches in couple and family therapy. It also focuses on the “Person-of-the-Therapist” in relation to CFT, as well as an experiential learning module with hands-on training in class.

Topics:

- Introduction to systemic family therapy
- Evolution and advances of systemic family therapy
- Fundamental paradigms and concepts in systemic family therapy
- Fundamental clinical processes and steps in systemic family therapy
- Compare and contrast major couple and family approaches
- Engagement strategies in couple and family therapy
- Formulation and assessment in couple and family therapy
- Interventions in couple and family therapy
- Evaluation of couple and family therapy
- Localization of couple and family therapy
- Applications with different populations, issues and problems
- Professional development and integration

Textbooks:

Nichols, M.P and Schwartz, R.C. 2013. Boston: The Essentials of Family Therapy (eText) (US eISBN: 9780135170991) 7th edition Pearson
ISBN-13: 9780135171578

Learning Outcome:

- Appraise the evolution and theoretical framework of couple and family therapy.
- Compare and contrast different approaches in couple and family therapy.
- Examine the professional and ethical practices in couple and family therapy.
- Design couple and family assessment appropriate for local context
- Evaluate appropriate systemic couple and family interventions suitable for the local context.
- Support personal and professional development and integration in working with couples and families.

Assessment Strategies (Evening Class):

Components	Description	Weightage Allocation (%)
Overall Continuous Assessment	TUTOR-MARKED ASSIGNMENT 1	30
	GROUP BASED ASSIGNMENT 1	20
Overall Examinable Components	ECA	50
Total		100