

COU508 Systemic Family Therapy Supervision

Level: 5

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JAN

Synopsis:

The supervision practicum in couple and family therapy aims to expand individual style with the purpose of helping trainee therapists become more versatile, and able to adapt into working with diverse family systems/ subsystems from different social status and service settings. It is also designed to create a greater awareness of the person within one's family-of-origin, as well as explore the development of the person-of-the-therapist. The course will also examine how systemic therapy is used to work with individual(s).

Topics:

- Common Factors in System Family Therapy
- Conceptual, Perceptual and Execution Skills
- Initial Systemic Hypothesizing
- Engagement: Who Should Come To Therapy?
- Inviting Reluctant Family Members To Therapy
- Systemic Assessment Guidelines
- Systemic Family Therapy Interventions
- Basic Treatment Skills
- Therapeutic Alliance in Systemic Family Therapy
- Who and What Is Responsible For Therapeutic Change?
- Getting Clients Fired Up For A Change
- Ethical And Moral Issues in Systemic Couple And Family Therapy

Textbooks:

Common Factors in Couple and Family Therapy: The Overlooked Foundation for Effective Practice
Douglas H. Sprenkle, Sean D. Davis, and Jay L. Lebow Guilford Press
ISBN-13: 9781606233603

The Person of the Therapist Training Model: Mastering the Use of Self (2016) 2016 Harry J. Aponte
and Karni Kissi Routledge
ISBN-13: 9781317514770

Learning Outcome:

- Critique the theoretical and conceptual framework of relevant systemic family therapy models
- Appraise the common factors of change in systemic family therapy
- Assess the interpersonal and/or intrapsychic issues which affect the effectiveness of one's own practice efforts
- Select the clinical skills needed to assess the presenting couple/ family issues from a systemic perspective
- Choose the systemic family therapy strategies and skills in working with different problems and issues in local contexts
- Select the appropriate couple and family therapy strategies/ techniques

Assessment Strategies - Regular Semester (Evening Class):

Components	Description	Weightage Allocation (%)
Overall Continuous Assessment	TUTOR-MARKED ASSIGNMENT 1	40
Overall Examinable Components	ECA	60
Total		100

Assessment Strategies - Special Semester (Evening Class):

Components	Description	Weightage Allocation (%)
Overall Continuous Assessment	TUTOR-MARKED ASSIGNMENT 1	40
Overall Examinable Components	ECA	60
Total		100

*The information listed is subject to review and change.

