

COU559 Crisis Intervention

Level: 5

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY 2 YEARS

Synopsis:

This course provides essential training for crisis intervention and trauma counselling. Through reflective learning and critical thinking, course participants will examine life crises such as loss and grieving, trauma, suicide, domestic violence, and mass casualty disasters. There will be opportunities to learn and practice skills and techniques required for crisis intervention. Basic assessment for suicide, violence and triage will be taught. Finally, the importance of self-care will be emphasised

Topics:

- Understanding Key Concepts and Issues in Crisis Intervention
- Hybrid Model of Crisis Intervention
- Assessment in Crisis Intervention
- Suicidality I: Risk Assessment
- Suicidality II: Suicide Intervention Strategies
- Intimate Partner Violence
- Telehealth
- Personal Loss and Grief
- Helping Children in Grief
- Critical Incident Stress Management
- Psychological Debriefing
- Helping professionals in crisis

Textbooks:

James, R.K. and Gilliland: Crisis Intervention Strategies. (eText) 8th edition Cengage
ISBN-13: 9789814866743

Learning Outcome:

- Examine different theories and concepts of crisis intervention
- Assess the usefulness of assessment methods in crisis intervention
- Critique use of crisis intervention strategies in a variety of crises
- Assemble knowledge of selected crisis incidents, their characteristics and impact
- Examine information pertaining to client functioning, risks and ability to cope
- Recommend intervention methods for different types of crises

Assessment Strategies (Evening Class):

Components	Description	Weightage Allocation (%)
Overall Continuous Assessment	TUTOR-MARKED ASSIGNMENT 1	30
	GROUP BASED ASSIGNMENT 1	20
Overall Examinable Components	ECA	50
Total		100