

COU570 Narrative Therapy

Level: 5

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JAN

Synopsis:

Narrative Therapy course is designed for those interested in narrative practices with individual(s) and couples in therapy. This course will feature a review of key narrative ideas and practices, including recent developments in narrative therapy: externalising conversations, re-authoring conversations, outsider-witness practices, remembering conversations, listening for alternative storylines, and documenting change.

Topics:

- What is Narrative Therapy?
- Origins of Narrative Therapy
- Theoretical and Practice Innovations
- Understanding and Living Lives through Stories
- Fundamentals of Narrative Therapy
- Narrative Therapy as Systemic and Flexible Stance
- Boundaries of Narrative Therapy
- Externalising Conversations
- Re-authoring Conversations
- Re-remembering Conversations
- Definitional Ceremonies
- Conversations that Highlight Unique Outcomes
- Scaffolding Conversations

Textbooks:

Michael White and David Epston: Narrative Means to Therapeutic Ends. W.W. Norton & Company
ISBN-13: 9780393700985

: Narrative Therapy: An Introduction for Counsellors, 2nd Edition <ebook> SAGE
ISBN-13: 9781446233900

David Denborough: Retelling the Stories of Our Lives: Everyday Narrative Therapy to Draw Inspiration and Transform Experience. W.W. Norton & Company
ISBN-13: 9780393708158

Learning Outcome:

- Appraise the theoretical concepts and framework underpinning narrative therapy
- Create key narrative ideas and practices in narrative therapy in local context
- Propose the integration of recent developments in narrative therapy to a given clinical context
- Construct the basic clinical skills needed in narrative therapy in local context
- Plan strategies to gain competencies in narrative therapy skills
- Design the narrative therapy technique(s)/skills appropriately in an individual or couple session

Assessment Strategies (Evening Class):

Components	Description	Weightage Allocation (%)
Overall Continuous Assessment	TUTOR-MARKED ASSIGNMENT 1	30
	GROUP BASED ASSIGNMENT 1	20
Overall Examinable Components	ECA	50
Total		100