

COU690 Advanced Supervised Practice and Analysis for Psychotherapy Project

Level: 6

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JAN

Synopsis:

COU690 Advanced Supervised Practice and Analysis I in Psychotherapy (ASPAP I) aims to integrate theories and practice, with an emphasis to develop further the awareness, knowledge, skills, and person of the therapist, in working with diverse client groups in local contexts. This module is a 32 hour group supervision and practice research project. It would be conducted using a 3 hourly session format, involving “moment by moment” intensive supervised practice and research using a case analysis method. Using a group supervision format, students would be closely supervised by a recognised and experienced clinical supervisor in a group of only 10 students. The group supervision employs a variety of clinical activities (e.g., live supervision, reflecting teams, audio/videotaped clinical session, role plays, case discussion and analysis etc). Students would be exposed to either a specific approach (e.g., CBT), and/or clientele (e.g., children), and/or mental health issues or challenges (e.g., grief). Depending on the students’ learning objectives and professional development goals, learning needs, relevant experience, performance, and suitability, as well as available teaching resources, and clientele needs, students will be screened, selected, and organised according to available teaching resources by the HoP, AF and agencies concerned, where applicable.

Topics:

- Introduction: Strengths and limitation of counselling theoretical basis and models
- Appraising case background and history
- Presenting problem
- Clinical Assessment
- Case Conceptualisation
- Course of treatment
- Assessment of progress
- Appraisal of complicating factors in intervention and supervision
- Clinical treatment supervision implications
- Recommendations to clinical practice and research
- Reflection on the person of the therapist and group supervision processes
- Contextualisation and ethical considerations

Textbooks:

Janine M. Bernard and Rodney, K. Coodyear.: Fundamentals of Clinical Supervision (eText) (US eISBN: 9780134790268) 6th Edition. Pearson New International Edition.
ISBN-13: 9780134790275

: The Practice of Counselling and Clinical Supervision 2nd ed. Australian Academic Press
ISBN-13: 9781922117861

Learning Outcome:

- Appraise relevant micro and macro issues pertinent to counselling practice.
- Differentiate the salient awareness, knowledge, and skills for developing competent psychotherapy practice in local context.
- Critique essential clinical & supervision processes for counselling.
- Choose appropriate strategies with due consideration of local contexts.
- Evaluate critically the therapeutic process and progress using a single case analysis method.
- Formulate an individualised counselling style via a collaborative clinical group supervision process and environment

Assessment Strategies - Regular Semester (Evening Class):

Components	Description	Weightage Allocation (%)
Overall Continuous Assessment	PARTICIPATION 1	20
	PRACTICAL SESSION 1	30
Overall Examinable Components	ECA	50
Total		100

*The information listed is subject to review and change.