

## **COU691 Supervised Practicum II**

**Level:** 6

**Credit Units:** 10 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY REGULAR SEMESTER

### **Synopsis:**

COU691 Supervised Practicum II is a non-compulsory supervised practicum, with the aim to gain more clinical experience with a specific clientele (e.g., children, youth, couples and families, older people etc).

This new revised 180-hour Supervised Practicum II comprises: (1) 132 hours of Direct Client Contact. This is broken down into components as Independent Counselling Contact, Individual Supervision, Group Supervision, Live Supervision (LS) and Reflecting Team (RT). (2) 48 hours of Non-Direct Client Contact. This is broken down into Field Liaison Hours (Minimum of 8 hours), Practicum Seminar (Minimum of 10 hours), Indirect Services &/Case Management (minimum of 15 hours) and Documentation (minimum of 15 hours)

Revised Format with two students with one supervisor using LS/RT for Direct Client Contact: 73 hours of Independent Counselling Contact, 5 hours of Individual Supervision and 54 hours of LS & RT.

Revised Format with three students with one supervisor using LS/RT for Direct Client Contact: 44 hours of Independent Counselling Contact, 4 hours of Individual Supervision and 84 hours of LS & RT.

### **Topics:**

- NA

### **Textbooks:**

Practicum and Internship: Textbook and Resource Guide for Counseling and Psychotherapy 6th  
Christin M. Jungers, Judith Scott Routledge  
ISBN-13: 9780429013911

**Learning Outcome:**

- Appraise relevant models, theories, and skills relevant to counselling goals and process for a specific clientele (e.g., children, youth, couple and family, or older people etc.) in local contexts
- Critique salient ethical and contextual (social-economic, political, and spiritual etc.) considerations in counselling a particular clientele in local contexts
- Evaluate impact of foundational knowledge in human behavior, social systems, and multicultural competence, inclusive of value and respect of human dignity and diversity for counselling a specific clientele in local contexts.
- Deconstruct professional identity and interpersonal values which support and inform relations with others (e.g., multi-disciplinary team, clients, peers etc.), that include self-awareness, compassion, genuineness, and a commitment to social justice in counselling a specific clientele in local contexts.
- Examine the impact of person of the therapist via self-, individual and group supervision in counselling a specific clientele in local contexts
- Formulate professional practice in accordance with professional ethical standards of Singapore Association of Counselling and other relevant professional bodies (e.g., Association of Marital & Family Therapy).
- Select relevant theories and skills relevant to serving in counselling a specific clientele in local contexts.
- Plan appropriate engagement of a specific clientele according to its developmental needs and social contexts.
- Design comprehensive assessment according to the background, history and specific bio-psycho-social-spiritual in counselling a specific clientele in local contexts.
- Recommend effective interventions to relieve the psychosocial issues in counselling a specific clientele in local contexts.
- Construct evaluation and termination with clientele meticulously and systematically in counselling a specific clientele in local contexts.
- Prepare to provide feedback to peers in group supervision and/or multidisciplinary teams.

**Assessment Strategies - Regular Semester (Evening Class):**

<b>Components</b>	<b>Description</b>	<b>Weightage Allocation (%)</b>
Overall Continuous Assessment	PARTICIPATION 1	30
	PRESENTATION 1	50
	STUDY REPORT 1	20
<b>Total</b>		<b>100</b>

\*The information listed is subject to review and change.