

## **GER402 Reminiscence Arts and Aged Care**

**Level:** 4

**Credit Units:** 5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY SEMESTER

### **Synopsis:**

Reminiscence is a way to recapture the past and connect to the present's daily lives. It involves not only the discussion of memories and experiences with other people using tangible prompts such as photographs, objects, music, art, but also involves the re-enactment of past events to trigger their half-forgotten memories to bring about joy and laughter. Reminiscence is an effective way to engage with senior and their family members. It can stimulate verbal and non-verbal communication, promote confidence and self-esteem for those who participated in the activity, especially person with dementia. GER402 Reminiscence Arts and Aged Care has an experiential element to equip students with necessary skills and methods to engage senior through a series of reminiscence activities. Students will also have hand-on experiences to design and practice different principles, skills and knowledge related to Reminiscence arts.

### **Topics:**

- Reminiscence and Aged Care
- Reminiscence in Dementia Care
- Theory, Principles and Application of using reminiscence arts
- Evidence-based reminiscence
- Reminiscence and its benefits
- Attitudes and Skills needed for successful reminiscence work
- Making reminiscence product
- Remembering Yesterday, Caring Today Approach
- Remembering Yesterday, Caring Today Programme
- Organising a Reminiscence project
- Life course approach in Reminiscence Sessions
- Debriefing, monitoring and evaluation

### **Textbooks:**

Schweitzer, P., & Bruce, E.: Remembering Yesterday, Caring Today: Reminiscence in Dementia Care: A Guide to Good Practice 2008 Jessica Kingsley Publishers  
ISBN-13: 9781846428043

**Learning Outcome:**

- Examine the use of reminiscence arts activities for senior
- Appraise the theory, principles and application of using reminiscence arts in aged care
- Examine the benefits of reminiscence methods
- Design activities that can be used in reminiscence for senior
- Experiment reminiscence activities in a life course approach
- Relate reminiscence products for senior

**Assessment Strategies (Evening Class):**

<b>Components</b>	<b>Description</b>	<b>Weightage Allocation (%)</b>
Overall Continuous Assessment	PRE-CLASS QUIZ 1	10
	TUTOR-MARKED ASSIGNMENT 1	40
Overall Examinable Components	ECA	50
<b>Total</b>		<b>100</b>