

# MGT575 Applied Organisational Psychology

**Level:** 5

**Credit Units:** 2.5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY JAN

## Synopsis:

MGT575 Applied Organisational Psychology covers the latest theories and research on how individuals, teams, and organisations behave in different circumstances. The course provides a thorough grasp of workplace interactions and how they may affect organisational success. The emphasis is on the application of psychological theories and models to real-world problems. Topics include research methods in organisational psychology; professional practice of work and organisational psychology; the psychology of motivation, job satisfaction and organisational commitment; safety, stress, and health at work; managing change, culture, and diversity; and the future of work with artificial intelligence.

This course will be taught using a team-based learning approach – a combination of pre-class reading, content delivery, individual field work and teamwork for in-class case studies. Students from Master of Management programme who want to take a specialisation track in Organisational Psychology will be required to take this course and attain a minimum GPA of 3.0.

## Topics:

- Organisational Psychology, Culture and Diversity
- Group Behaviour, Teams, and Conflict
- Motivation, Job Satisfaction, and Organisational Commitment
- Theories of Stress at Work
- Burnout Sources and Predictors
- Managing Stress: Primary, Secondary, and Tertiary Interventions

## Learning Outcome:

- Appraise organisational psychology theories
- Compare the differences between primary, secondary, and tertiary wellbeing interventions
- Evaluate how organisational psychology theories apply to real world situations
- Critique theoretical models of job satisfaction and evaluate how they apply to wellbeing
- Demonstrate how people can cope with stress
- Propose practical recommendations to solve workplace problems

## Assessment Strategies - Regular Semester (Evening Class):

Components	Description	Weightage Allocation (%)
Overall Continuous Assessment	PARTICIPATION 1	20
	TUTOR-MARKED ASSIGNMENT 1	40
	GROUP BASED ASSIGNMENT 1	40

<b>Total</b>	<b>100</b>
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\*The information listed is subject to review and change.