

# NCO201 Learn to Learn, Learn for Life

**Level:** 2

**Credit Units:** 5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY REGULAR SEMESTER

## Synopsis:

The complex world we live in today requires us to adapt and handle evolving needs effectively. The set of learning-to-learn competencies presented in this course aims to provide the learners with a key means to meet this challenge. While the ability to learn is intuitive, the ability to learn effectively and efficiently entails conscientious effort. This course will strive to help students develop metacognitive awareness of their learning processes and behaviours. With the newly gained insights, students will identify and implement relevant and appropriate study skills and learning strategies. Students will have the chance to practise and enhance these skills by applying them to contemporary social-issue related learning tasks collaboratively. Content, activities, and assessments provide students with meaningful learning opportunities, and serve to demonstrate that learning is for life which can become a lifelong habit.

## Topics:

- Learning to learn competencies
- The learning mindset
- Cognitive processes of learning
- Metacognitive processes for effective learning
- Self-regulation and learning
- Social-relational aspects of learning
- Motivation strategies for learning
- Emotion and learning
- Effective study skills and learning strategies
- Depth of learning
- Learning through understanding teaching approaches
- The science behind learning

## Learning Outcome:

- Explain the process and the factors that underlies and affect learning
- Identify barriers that affect learning
- Evaluate strategies, tools, and methods for effective learning
- Demonstrate awareness of one's learning process for effective learning
- Apply strategies and tools when approaching learning tasks
- Show self-directedness when approaching learning tasks

## Assessment Strategies - Regular Semester (Evening Class):

Components	Description	Weightage Allocation (%)
Overall Continuous Assessment	TUTOR-MARKED ASSIGNMENT 1	30

Overall Continuous Assessment	GROUP BASED ASSIGNMENT 1	30
	TUTOR-MARKED ASSIGNMENT 2	40
<b>Total</b>		<b>100</b>

\*The information listed is subject to review and change.