

OST164SG Leadership through Outdoor Adventure in Singapore

Level: 1

Credit Units: 2.5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JULY

Synopsis:

OST164SG provides students with the conceptual tools and learning experiences to develop a deeper understanding of the relationship between leadership styles and the team performances within outdoor adventure learning contexts in Singapore. This will be achieved through a combination of classroom instruction, e-learning, and the practise of coordinating and leading small teams to achieve designated objectives in multi-sensory outdoor environment.

The course affords students the opportunity to manage fluid group dynamics, experiment with conflicting leadership styles, and strike balances between various developmental levels of their team mates as they work in groups to traverse the challenges posed by the forces of nature and societal norms. Students will also get to reflect on how theories and case studies are manifested in their real-life context.

At the end of the course, students will acquire outdoor leadership and team-management abilities, as well as a deeper appreciation of the role of support networks in maintaining team coherence and the relationship between culture, leadership styles and team dynamics.

Topics:

- Situational Leadership
- Addressing team dynamics through purposeful designed activities
- Developing supportive relationship in a team
- Environmental ethics
- General risk management
- Managing conflicts
- Giving meaningful feedback

Learning Outcome:

- Identify developmental stages of team members with reference to the team's skill, environmental conditions, and cultural influences
- Employ suitable leadership styles that is optimal in gearing the team towards achieving an outcome
- Describe expeditionary moments during which leadership styles shaped the development of the team
- Execute a problem-solving activity which addresses a team issue
- Implement a group support network that operates with a common language and understanding towards leadership and team dynamics
- Develop leadership and teamwork qualities, and skills in problem-solving and enterprise through overcoming unforeseen adversities

Assessment Strategies (Evening Class):

Components	Description	Weightage Allocation (%)
Overall Continuous Assessment	PRE-CLASS QUIZ 1	10
	TUTOR-MARKED ASSIGNMENT 1	50
	GROUP BASED ASSIGNMENT 1	40
Total		100