

## **PSY108 Introduction to Psychology 2**

**Level:** 1

**Credit Units:** 5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY SEMESTER

### **Synopsis:**

PSY108 Introduction to Psychology 2 introduces the basic principles, concepts and theories of Developmental Psychology, Learning, Personality, Social Psychology, Abnormal Psychology and Health Psychology. The human life-span will be explored with reference to theories of physical, perceptual, cognitive, intellectual, language, moral, social, and emotional development and how they might be influenced by nature versus nurture. The learning journey will include pre-recorded lectures, interactive and instructive online resources that supplement the textbook and study guide, multimedia tutorials, videos, simulations, animations, tests and quizzes that will enhance one's knowledge and mastery of the key concepts covered in this course.

### **Topics:**

- Human Development
- Cognitive & Psychosocial Development
- Classical & Operant Conditioning
- Observational Learning
- Emotion
- Motivation
- Social Behaviour
- Pro-social Behaviour
- Psychological Disorders
- Indicators of Mental Health Disorders
- Personality
- Stress & Health

### **Textbooks:**

Ellen E. Pastorino; Susann M Doyle-Portillo: What is Psychology?: Foundations, Applications, and Integration (e-Text) 5th Cengage  
ISBN-13: 9780357374061

**Learning Outcome:**

- Define major concepts of Psychology
- Describe basic theories or principles of Psychology
- Explain behaviour and mental processes using relevant theories or principles
- Discuss behaviour and mental processes using theories, theoretical perspectives, or empirical evidence
- Identify relevant concepts, principles, or theories that are evident or applied to real life situations
- Apply psychological concepts to explain everyday behaviour
- Use theoretical and empirical evidence to support one's arguments in a critical analysis/review
- Present the references following the American Psychological Association (APA) guidelines

**Assessment Strategies (Evening Class):**

<b>Components</b>	<b>Description</b>	<b>Weightage Allocation (%)</b>
Overall Continuous Assessment	PRE-CLASS QUIZ 1	1
	PRE-CLASS QUIZ 2	1
	PRE-CLASS QUIZ 3	1
	PRE-CLASS QUIZ 4	1
	PRE-CLASS QUIZ 5	1
	TUTOR-MARKED ASSIGNMENT 1	20
	TUTOR-MARKED ASSIGNMENT 2	25
Overall Examinable Components	Written Exam	50
<b>Total</b>		<b>100</b>