

## **PSY369 Emotion**

**Level:** 3

**Credit Units:** 5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY JAN

### **Synopsis:**

Emotion introduces the theoretical and empirical issues in the domain of emotion, and discusses the key issues in the field. This course aims to provide an integrative and cross-disciplinary perspective of the study of emotion, and straddles across various psychological disciplines, such as social, personality, biological, and cognitive psychology.

### **Topics:**

- Introduction to Emotion
- Theories of Emotion
- Methods in the Study of Emotion
- Biology and Functions of Emotion
- Expressing and Regulating Emotions
- Personality, Sociocultural, and Cognitive Aspects of Emotion

### **Textbooks:**

By Paula M. Niedenthal, François Ric.: Psychology of Emotion (etext) Eisbn: 9781351995726 2nd edition.

ISBN-13: 9781351995719

**Learning Outcome:**

- Demonstrate knowledge and understanding of the key approaches to and theories of emotion, and the various methodologies employed in the study of emotion
- Analyse the cognitive, affective, physiological, cultural, personality, and behavioural components of individual emotions
- Evaluate the research findings and theories of emotion in human development, personality, and cognition
- Judge the implications of emotion on life outcomes and physical, psychological, and mental well-being based on the research findings and theories in these areas
- Design research studies to investigate key questions of interest in the field of emotion
- Propose strategies for regulating emotion and improving well-being in real life by utilising the theories and concepts on emotion regulation and evaluating how emotion influences physical, psychological, and mental well-being
- Critique or evaluate existing research in a domain by drawing together theories and findings from various sources

**Assessment Strategies (Evening Class):**

<b>Components</b>	<b>Description</b>	<b>Weightage Allocation (%)</b>
Overall Continuous Assessment	PRE-CLASS QUIZ 1	5
	PRE-CLASS QUIZ 2	5
	TUTOR-MARKED ASSIGNMENT 1	20
	GROUP BASED ASSIGNMENT 1	20
Overall Examinable Components	Written Exam	50
<b>Total</b>		<b>100</b>