

SPE309 Mental Health Issues in Special Needs

Level: 3

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY SEMESTER

Synopsis:

For individuals with special needs, social and emotional difficulties manifest themselves in many ways, such as in challenging, disruptive or distressing behaviour, becoming withdrawn or isolated. Some mental health issues may underlie such difficulties as anxiety, depression or eating disorders. SPE309 Mental Health Issues in Special Needs examines some of the mental health issues that individuals with special needs may have or develop in their developmental pathways.

Topics:

- The Relationship Between Special Needs and Mental Health
- Mental Health Disorders Co-Occurring with Special Needs
- The Range and Types of Social Emotional and Mental Health
- Indicators of Social Emotional and Mental Health
- Special Education in the Context of Treatment and Intervention in Social Emotional and Mental Health
- Social Emotional and Mental Health of Individuals with Special Needs
- Social Emotional Learning for Pupils with Special Educational Needs
- Social Emotional Learning for Adult Learners with Special Educational Needs
- Informal Counselling
- Whole-School Approach to Behaviour and Discipline in Special Education
- Professional Collaboration and Resources for the Mental Health of Individuals with Special Needs
- Crisis Intervention

Textbooks:

Muir-Cochrane, Eimear, Barkway, Patricia, Debra Nizette: Mosby's Pocketbook of Mental Health (3rd edition) 3rd Elsevier
ISBN-13: 9780729586979

Learning Outcome:

- Demonstrate a practical apprehension of mental health in the context of individuals who have special needs.
- Indicate how Social Emotional Learning is related to the mental well-being for pupils with Special Educational Needs.
- Examine the principles that underlie an approach to discipline of individuals with Special Educational Needs who present with mental health issues.
- Create a plan for collaborating with professionals to support individuals with Special Educational Needs who have mental health issues.
- Evaluate the effectiveness of whole-school approach to supporting challenging behaviour brought about by mental health issues.
- Test for the indicators of SEMH difficulties in individuals with special needs.

Assessment Strategies (Evening Class):

Components	Description	Weightage Allocation (%)
Overall Continuous Assessment	PRE-COURSE QUIZ 1	5
	TUTOR-MARKED ASSIGNMENT 1	20
	TUTOR-MARKED ASSIGNMENT 2	25
Overall Examinable Components	Written Exam	50
Total		100