

## **SWK364e Interventions for At-Risk Youths**

**Level:** 3

**Credit Units:** 5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY 2 YEARS

**E-Learning:** BLENDED - Learning is done MAINLY online using interactive study materials in Canvas. Students receive guidance and support from online instructors via discussion forums and emails. This is supplemented with SOME face-to-face sessions. If the course has an exam component, this will be administered on-campus.

### **Synopsis:**

This course, a follow up of the earlier course, SWK363e, Introduction to and Assessment Framework for Youth Issues, will formulate the framework for the prevention, early intervention, treatment and other environmental considerations in working with youths at risk. It will examine the core components of programmes for prevention and early intervention. It also discusses the use of peer and family interventions at helping youths at risk. The course will also examine the nature and scope of some at-risk behaviours like school drop-out and juvenile delinquency, risky sexual behaviours resulting in teenage pregnancy and STDs, substance and behavioural addictions and youth suicide. Through assessments and formulations, the course will teach students to construct programmes at largely meso, micro and individual levels to help youths at various levels of risk.

### **Topics:**

- A Comprehensive Prevention, Early Intervention, Treatment Framework
- School dropouts and juvenile delinquency
- Risky sexual behaviours: teenage pregnancy and STDs
- Substance and Behaviour Addictions
- Teenage Suicide
- Critical School competencies
- Developing Personal Competencies
- Importance of Peers
- Cooperative learning and peer support networks
- Family Counselling
- Parental education
- Programmes for Growth and Development
- Programmes for Involuntary Clients

### **Textbooks:**

McWhirter, J.J., McWhirter, B.T, Mawhirter, E.H. & McWhirter, R.J: At Risk Youth: A Comprehensive Response for Counsellors, Teachers, Psychologists and Human Service Professionals. 6th Edition <eBook> 6 Cengage  
ISBN-13: 9789814844857

**Learning Outcome:**

- Discuss the framework and continuum of intervention
- Analyse the nature and scope of at-risk behaviours
- Examine the core components of programmes for prevention
- Assess the different levels of risk
- Use peer and family interventions
- Construct programmes to help at-risk youths

**Assessment Strategies (Evening Class):**

<b>Components</b>	<b>Description</b>	<b>Weightage Allocation (%)</b>
Overall Continuous Assessment	PRE-CLASS QUIZ 1	5
	TUTOR-MARKED ASSIGNMENT 1	35
	DISCUSSION BOARD 1	10
Overall Examinable Components	Written Exam	50
<b>Total</b>		<b>100</b>