

XAT511 Narrative and Storytelling

Level: 5

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JAN

Synopsis:

XAT511 Narrative and Storytelling will introduce the students to the practice of storytelling in therapy and how by working with narratives through expressive arts therapy they can create change, healing and development in their clients. They will explore the narrative forms of storytelling, sand tray work, song and poetry writing in different cultural contexts, and gain insights into expressive media that can support their work. Ethical issues of how to protect these stories and who is appropriate to share them with will also be discussed, and they will also explore the role of new media and social media as a storytelling medium.

Topics:

- Narrative therapy principles and practice
- The role of stories in human development
- Sand tray work
- Drama and imagination as storytelling
- Song-writing and poetry in storytelling
- New media and social media as storytelling in therapeutic practice
- Documenting therapeutic practice – hearing clients' stories
- Traditional stories and their cultural roles
- Group work and group stories
- Ethical issues in storytelling
- How to run expressive arts groups
- Documenting, reflecting and trusting the process of the therapeutic journey.

Textbooks:

Burack–weiss, A, Lawrence, L. (2017).: Narrative in Social Work Practice - The Power and Possibility of Story. New York: Columbia University Press.

ISBN-13: 9780231173612

Parkinson, R. (2009).: Transforming Tales – How stories can change people. Pennsylvania: Jessica Kingsley Publishers.

ISBN-13: 9781843109747

Learning Outcome:

- Assess the therapeutic benefits of telling stories.
- Compose the verbal and pre-verbal narrative methodologies.
- Propose the ethical and cultural considerations in telling and sharing stories.
- Demonstrate an understanding of the role of stories in expressive arts therapies.
- Design storytelling and narrative opportunities for individuals and groups.
- Critique the different roles of stories in different contexts.

Assessment Strategies (Evening Class):

Components	Description	Weightage Allocation (%)
Overall Continuous Assessment	TUTOR-MARKED ASSIGNMENT 1	25
	TUTOR-MARKED ASSIGNMENT 2	25
Overall Examinable Components	ECA	50
Total		100